

HIGHLAND PARK OB-GYN ASSOCIATES, LTD

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INSTRUCTIONS FOR PRENATAL II

On or before our next visit, we will be testing for diabetes associated with pregnancy. This involves having your blood drawn one hour after drinking a special beverage, which we will give to you. Please follow the instructions below:

1. ONE HOUR PRIOR to your appointment, DRINK THE ENTIRE BOTTLE of beverage. You may refrigerate and add on (1) ounce of water to the beverage before drinking it, which may improve the taste. You may eat normally prior to drinking the beverage. However, do not eat or drink anything after you drink the beverage.
2. One hour after drinking the beverage have your blood drawn at the office. You may want to arrive early for your appointment to make sure that your blood is drawn within the proper time frame.

At this time, we will also be testing you for anemia and antibodies.

Please inform the medical secretary today when you check out that you need to have these tests preformed and she will schedule an appointment for you.